



# Give us, all of us, this day our daily bread

A guide to help you pray for people around the world  
living with hunger

# Faith and a Hunger Crisis

Up to 757 million people in the world experience hunger.

## Why?

Droughts and flooding that destroy crops and livestock.

Conflict that forces people to flee their livelihoods.

Economic disparity that keeps people trapped in poverty.

## Why we pray

As part of our mission to end global hunger, we pray for God's will to be done on earth as it is in heaven – believing that God does not want any human to go hungry.

## What we pray for

- For every child, man and woman who has gone without food today.
- For the farmers who are battling erratic weather while trying to grow food.
- For families and individuals who live with the fear of conflict and the fear of hunger.
- For children, adults, and the elderly who are forced to flee their homes while worrying how they will survive
- For the parents who go hungry and whose hearts are filled with worry for how they will feed their children.
- For children who are too weak to play because they do not have nutritious food.
- For the helpers who do their best to provide access to food for people who are hungry.
- For government leaders, that their hearts will be moved to act with compassion.
- For us, that we will be grateful for what we have, and share when we can, and pray regularly for the people who are hungry

# A Prayer For Living in a World With Hunger

Good and gracious God, You are gathering this community from across the earth,

Asking us to pour out our lives on behalf of those who hunger.

For hope, For justice, for daily bread.

You are asking us to see the earth as you do,

So very, very good.

Trees with fruit, bursting with seed.

Green plants for food, for humans and for every living creature.

As a holy place for everything that breathes and to whom you have given life.

Yet we see the realities before us and it takes our breath away:

Those whose bellies growl every day.

Those who consume more than their fair share.

Breathe new life into us...

As a global community, as local congregations

Gather us together so that we may remind each other of your intent for this earth.

Gather us so that we may pour out our lives in Christ's name, as Christ does on behalf of those who hunger.

*Adapted from WFD prayer on [presbyterianmission.org](http://presbyterianmission.org).*

# Scriptures To Consider For Reflection

## **Isaiah 55**

An invitation to Abundant Life

## **Psalms 145**

The Greatness and the Goodness of God

## **Matthew 25: 31 – 40**

“For I was hungry...”

## **John 6: 1-15**

The Feeding of the Five Thousand

## **Ephesians 3: 14-21**

Paul’s Ministry to the Gentiles

## **Hebrews 13: 15-16**

The Call to Share with Others

## **1 John 3: 16-18**

Loving with Actions and in Truth

# A Ration Meal Reflection



A ration meal is based on the required number of calories we need in a day. This number is how organizations determine how much food they need to distribute during times of crisis. This resource will provide you with the tools to host a Ration Meal and help your faith community reflect on the mealtime reality of millions of hungry people in crisis around the world.

Participating in the Ration Meal activity is a simple way to break bread (as an individual or together as a group) and bring those in need of emergency food into your prayer focus.



**CANADIAN FOODGRAINS BANK IS A PARTNERSHIP OF 15 CANADIAN CHURCHES AND CHURCH-BASED AGENCIES WORKING TOGETHER TO END GLOBAL HUNGER THROUGH:**

- Emergency food assistance in times of crisis
- Long-term responses to improve household food security
- Engaging Canadians and governments toward meaningful change



For more resources to help you speak with your faith community about hunger, please visit [UntilAllAreFed.ca](http://UntilAllAreFed.ca)